

Урок английского языка к учебнику  
Spotlight-9

Module 7 «Staying  
safe»: Fears and  
Phobias



10.03.2021



YELL

ACTIVATE

EMBARRASS

TEASED

IRRATIONAL

MELT AWAY

TRIGGERS

NOT LOGICAL

SETS OF

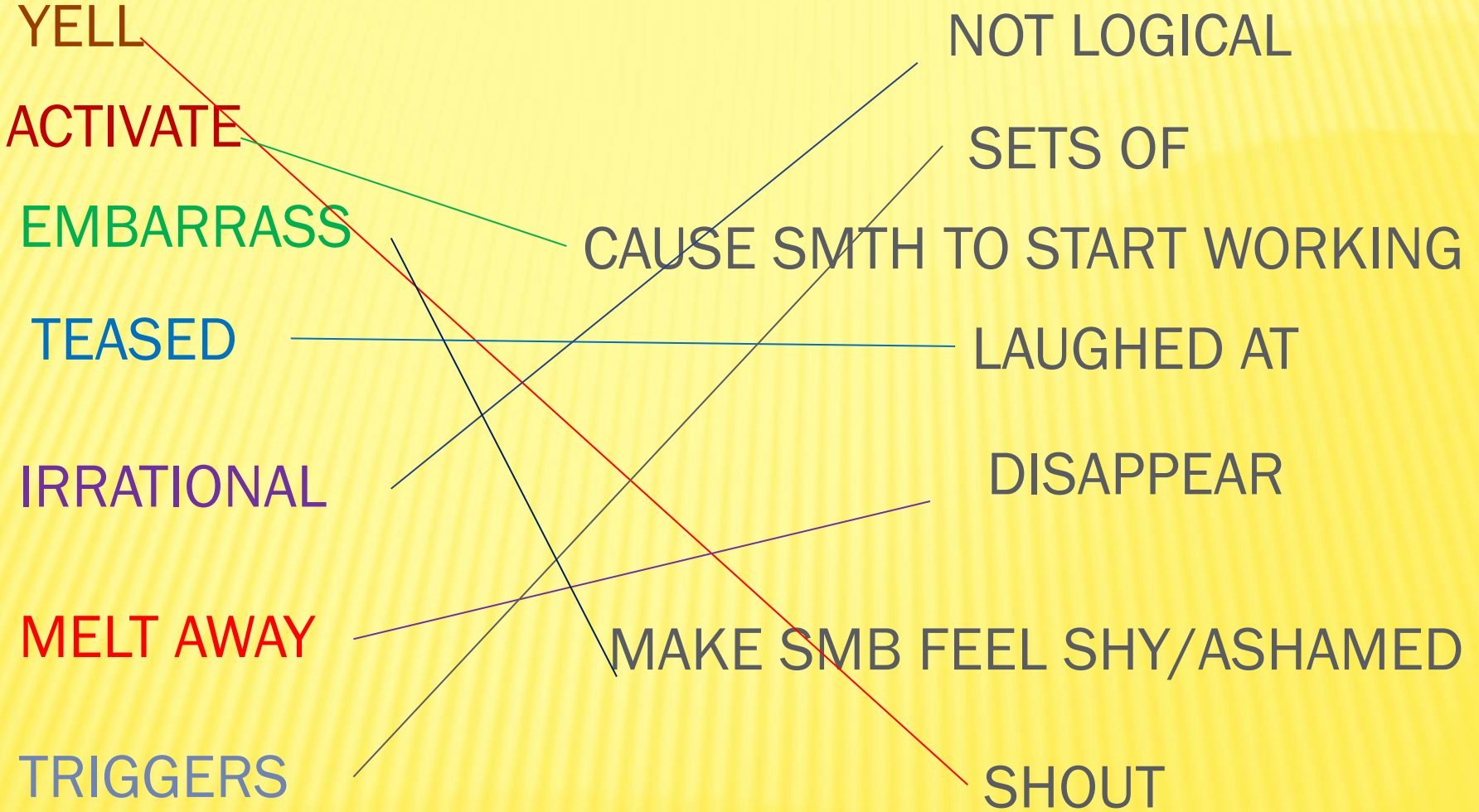
CAUSE SMTH TO START WORKING

LAUGHED AT

DISAPPEAR

MAKE SMB FEEL SHY/ASHAMED

SHOUT



1. \_\_\_\_\_ SCREAM \_\_\_\_\_ LOUDLY

2. \_\_\_\_\_ SHAKE \_\_\_\_\_ LIKE A

LEAF

3. \_\_\_\_\_ HUMAN \_\_\_\_\_ EMOTION

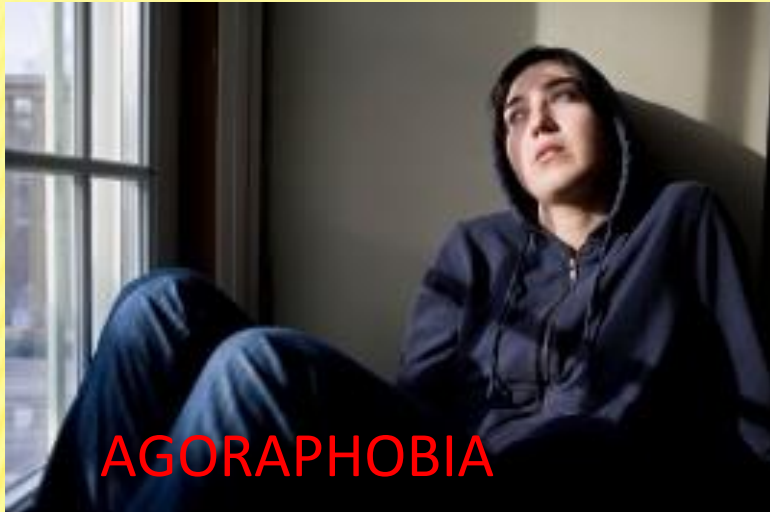
4. \_\_\_\_\_ NERVOUS \_\_\_\_\_ SYSTEM

5. \_\_\_\_\_ FIGHT \_\_\_\_\_ OUR FEARS

6. HEART \_\_\_\_\_ BEATS \_\_\_\_\_ FASTER

7. \_\_\_\_\_ PUBLIC \_\_\_\_\_ PLACES

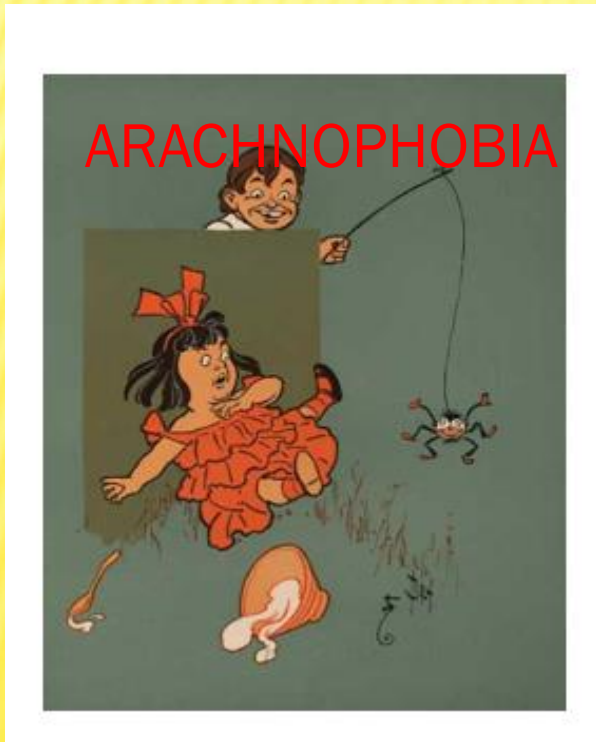
8. FEARS \_\_\_\_\_ COME \_\_\_\_\_ TRUE



AGORAPHOBIA



CLAUSTROPHOBIA



ARACHNOPHOBIA



ABLUTOPHOBIA

## Click and check

1. SAMANTHA HAD **BUTTERFLIES IN HER STOMACH** BEFORE THE FIRST PERFORMANCE OF THE PLAY.
2. OLGA WAS **SCARED TO DEATH** WHEN SHE SAW THE GHOST.
3. JULIA WENT **BRIGHT RED** WHEN HER TEACHER TOLD HER OFF FOR TALKING.
4. LIAM WAS **GREEN WITH ENVY** WHEN HE SAW JACK'S NEW CAR - HE WANTED ONE TOO.
5. SUSAN HAS GOT A VERY **LONG FACE** TODAY. I THINK SHE IS STILL UPSET ABOUT FAILING THE EXAM.
6. ANTONY WAS **OVER THE MOON** WHEN HE FOUND OUT THAT HE HAD WON THE COMPETITION.
7. DAVID WENT **THROUGH THE ROOF** WHEN HE FOUND OUT THAT HIS BROTHER HAD TAKEN HIS MP3 PLAYER WITHOUT ASKING.

# WHAT FEELING IS IT ?



SADNESS/DEPRESSION



ANGER

EMBARRASSMENT



HAPPINESS



NERVOUSNESS



FEAR



JEALOUSY



**Fear** — a basic human emotion — helps alert us to danger — brain sends signals to nervous system — body reacts, e.g. sweating, shaking, heart beats faster — more blood to muscles — prepares us for ‘fight or flight’

**Phobias** — extreme fears — can develop as the result of a scary experience, e.g. a dog bite when young — brain ‘remembers’ the experience — now afraid when seeing any dog

**How to overcome phobias** — don’t avoid scary situations — make a list of your fears start with the least serious — deal with them one at a time — come to realize they can be overcome



# HOMework

S/B p.106-107

Ex/b p. 81 № 1

Link

<https://edu.skysmart.ru/student/hofuxifima>



## Список источников

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